

a. Teks Bahasa Indonesia

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ABSTRAK

Infeksi saluran pernafasan akut (ISPA) merupakan penyakit yang menyerang pada saluran penapasan, yang disebabkan oleh beberapa faktor resiko seperti, kondisi ekonomi keluarga, kepadudukan yang padat, kurangnya perilaku hidup bersih dan sehat (PHBS). Tujuan penelitian yaitu mengetahui hubungan perilaku hidup bersih dan sehat (PHBS) keluarga dengan kejadian infeksi saluran pernafasan akut (ISPA) pada balita di Puskesmas Wagir Kabupaten Malang. Desain penelitian menggunakan *cross sectional*. Populasi penelitian sebanyak 67 balita dan ibu dengan jumlah sampel sebanyak 57 balita dan Ibu. Sampel diambil dengan teknik *simple random sampling*. Variabel independen adalah Perilaku hidup bersih dan sehat (PHBS) keluarga, variabel dependen adalah Kejadian ISPA. Instrumen yang digunakan berupa rekam medis untuk kejadian ISPA dan kuesioner untuk PHBS. Analisis data menggunakan uji *fisher's exact test*. Hasil penelitian ini menunjukkan Sebagian besar keluarga balita di Puskesmas Wagir Kabupaten Malang memiliki perilaku hidup bersih dan sehat (PHBS) berada pada kategori baik (71,9%), sebagian besar balita tidak terinfeksi saluran pernafasan akut (ISPA) di Puskesmas Wagir Kabupaten Malang (77,2%) dan ada hubungan perilaku hidup bersih dan sehat (PHBS) keluarga dengan kejadian infeksi saluran pernafasan akut (ISPA) pada balita di Puskesmas Wagir Kabupaten Malang ($p=0,044$). Diharapkan bagi penelitian selanjutnya agar dapat melakukan penelitian yang sama dengan memperhatikan faktor lain yang dapat menyebabkan terjadinya ISPA pada balita seperti lingkungan sekitar (keluarga merokok dan menular dari orang lain).

Kata Kunci : Balita, Ibu, ISPA, Perilaku Hidup Bersih Dan Sehat (PHBS) Keluarga

b. Teks Bahasa Inggris

Bani. M. D. 2023. *The Relationship Between Clean And Healthy Living Behavior (PHBS) Of Families With The Incidence Of Acute Respiratory Infection (ARI) In Toddlers At The Wagir Health Center, Malang Regency. Final Project, Nursing Study Program, Faculty of Health sciences, University of Tribhuwana Tungga Dewi Malang: (1) Neni Maemunah, S Kep., M.M.R.S. (2) Susmini, S.Kep., Ns., M.AP.*

ABSTRACT

Acute respiratory infection (ARI) is a disease that attacks the respiratory tract, which is caused by several risk factors such as family economic conditions, dense population, lack of clean and healthy lifestyle (PHBS). The aim of the study was to determine the relationship between family clean and healthy living behavior (PHBS) and the incidence of acute respiratory infections (ARI) in toddlers at the Wagir Health Center, Malang Regency. The research design uses cross sectional. The study population consisted of 67 infants and mothers with a total sample of 57 infants and mothers. The sample was taken using the Simple Random Sampling technique. The independent variable is family clean and healthy living behavior (PHBS), the dependent variable is the incidence of ARI. The instruments used were medical records for ARI incidents and questionnaires for PHBS. Data analysis used the fisher's exact test. The results of this study indicate that most of the families of toddlers at the Wagir Health Center in Malang Regency have clean and healthy living behavior (PHBS) which are in the good category (71,9%), most of the toddlers are not infected with acute respiratory infections (ARI) at the Wagir Health Center Malang Regency (77,2%) and there is a relationship between family clean and healthy behavior (PHBS) and the incidence of acute respiratory infections (ARI) in toddlers at the Wagir Health Center, Malang Regency ($p = 0.044$). It is hoped that further research will be able to carry out the same research by taking into account other factors that can cause ARI in toddlers such as the surrounding environment (family smoking and transmission from other people).

Keywords: Toddlers, Mothers, ISPA, Family Clean and Healthy Behavior (PHBS).